

# Eight Areas of Ability

Students who have developed a strength in a given ability display an interest in the activities listed with the ability:

- 1. Linguistic Ability:** Reading books, writing stories or poetry, teaching others, debating, explaining, talking, spelling words, memorizing information, learning languages, using advanced words, looking up the definition of words, and sharing stories
- 2. Logical / Mathematical Ability:** Doing math, playing with geometric shapes, reasoning and figuring things out, asking questions, performing experiments, playing strategy games like checkers and chess, working on brain-teasers and logic puzzles, organizing information, and problem solving
- 3. Spatial Ability:** Doing art activities, drawing, doodling, painting, building things, fixing things, reading maps and charts, daydreaming, creating visual images, working on puzzles, and using a camera to take photographs or videos
- 4. Bodily-Kinesthetic Ability:** Playing sports, moving and jumping, dancing, making crafts, acting, doing hands-on activities, imitating other people's movements and gestures, performing on stage, using body language, balancing in physical activities, performing eye-hand coordination activities, and juggling objects
- 5. Musical Ability:** Playing instruments, singing, listening to and appreciating music, picking up sounds and rhythms, tapping rhythmically, remembering melodies, humming, and composing music
- 6. Interpersonal Ability:** Working cooperatively with others, being the leader of groups, socializing with friends, trying to get along with other students, understanding the emotions and moods of others, joining clubs or committees, making friends, selling things, listening to others, resolving problems or conflicts, helping others who are going through difficult times, and being caring toward others
- 7. Intrapersonal Ability:** Self-reflecting, writing in a journal or diary, being aware of one's own emotions and thoughts, working alone, learning from achievements or failures, setting goals, understanding oneself, doing things a unique way, focusing on a certain direction in life, paying attention to dreams and desires and following them, and recognizing one's own strengths and weaknesses
- 8. Naturalist Ability:** Spending time in nature, hiking and exploring, being around animals and caring for them, gardening, using the five senses, learning about nature and animals, collecting natural objects, recognizing and categorizing animals and plants, keeping a scrapbook of natural objects, noticing nature all around, paying attention to weather, and reading books and viewing programs about nature and animals