

Questions to Ask When Making Decisions

One way to guide your decision-making process is by asking yourself how a certain action will affect you and the other people around you:

- A. Does my decision follow the rules of my family, classroom, school, or community?
- B. How does it affect me? Is it good or bad for me?
- C. Does my decision negatively affect other people?
- D. Does my decision negatively affect our planet or environment?

Alternative Questions to Consider

Another way to guide your decision-making process is by asking about the benefits and the drawbacks of a certain action:

- A. What are the benefits of doing this?
- B. What are the drawbacks of doing this?
- C. What are the benefits of not doing this?
- D. What are the drawbacks of not doing this?
- E. Am I willing to deal with the consequences of my decision?