In Focus: Grades 6–8

Four Approaches for Dealing with Conflict

There are four approaches to dealing with conflict, and each approach has its consequences:

- 1. Aggression: Argue and fight
- 2. Avoidance: Withdraw and avoid the person
- 3. Compliance: Give in and do what the other person wants
- **4. Negotiation:** Discuss and work out a solution that is fair for both people